



🌻 I love Popcorn owner, Sarah Conrow, was inspired by her grandmother.

# I Love Popcorn

Young Dallas Woman Turns a Kernel of Inspiration into Business with a Cause

grandmother, Gladys Levendofsky. Mrs. Levendofsky's famous recipe for caramel popcorn was the first of Sarah's delicious popcorn flavors and is a best seller.

"The heart of 'I Love Popcorn' is my grandmother's recipe," Conrow said. "She made it for my mom, my mom made it for me and now I'm carrying it on."

Originally from Belleville, Kansas, Mrs. Levendofsky, who lived with Alzheimer's disease for more than 10 years, moved in with Sarah and her family when her disease had progressed to the point that she could no longer live alone. "My grandmother was the hardest worker I ever knew. She was poised, smart and very classy," Conrow remembers. "My Grandma Gladys was very special to me; we even shared the same birthday!"

But, by the end of her life, the disease had taken its toll. "It is so hard to watch this disease. It takes your mind," Conrow said.

"Towards the end, my Grandma Gladys, who loved to dance and had been so full of life, could no longer walk or talk."

Mrs. Levendofsky passed away from Alzheimer's Disease earlier this spring.

To honor her grandmother's memory and to help raise funds and awareness of this disease that affects 55,000 North Texans, Conrow has introduced a special Alzheimer's Association branded popcorn tin filled with some of her most popular flavors including her grandmother's caramel popcorn with pecans. This tasty treat is perfect for the holidays or any special occasion. A portion of the proceeds from the sale of the tin will benefit the Greater Dallas Chapter of the Alzheimer's Association.

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[www.ILovePopcorn.com](http://www.ILovePopcorn.com)

